

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:15	Box and Chisel Teresa	SPIN Ron	Kick Box Sharon	SPIN* Teresa	Step/Spin/Sculpt 20/20/20 Sharon	Kick Box Brianne	Step Margi
10:15		BodySculpt* Sandy		BodySculpt* Sandy		BodySculpt* Andrea	SPIN Josie
5:15	Kick Box Josie	Intro Step Andrea	Interval Josie	BodySculpt* Brianne	Step/Spin/Sculpt 20/20/20 Andrea	<p>BODYLINE FITNESS Mar 8-Mar 14 Please come out and try our classes!</p> <p>Please sign up at the Front Desk for Spin Classes to reserve your Bike!</p> <p>Check out Monday 6:15 YOGAFIT! Give it a try!!!!</p> <p>*These are excellent entry level classes.</p>	
6:15	Yoga Fit Ron	Spin to Sculpt* Brianne	BodySculpt* Margi	Spin Margi			
7:15		Karate		Karate			