

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
9:15	Box and Chisel Josie	SPIN Teresa	Kick Box Brienne	SPIN* Brienne	Step/Spin/Sculpt 20/20/20 Margi	Kick Box Cancelled for Holiday Weekend	Step Cancelled for Holiday Weekend	
10:15						BodySculpt* Cancelled for Holiday Weekend	SPIN Cancelled for Holiday Weekend	
5:15	Kick Box Sandy	Intro Step Josie	Interval Andrea	BodySculpt* Sandy	Step/Spin/Sculpt 20/20/20 Josie	BODYLINE FITNESS Aug 30- Sept 5 Come out & try our classes! Sign up at the Front Desk for Spin Classes to reserve your Bike! *Excellent entry-level classes.		
6:15	Spin Andrea	Spin to Sculpt* Trish	BodySculpt* Margi	Spin Margi				
7:15		Karate		Karate				